

Liz Fletcher Brown



Full Wattage!

Igniting a Culture of *Energy, Enthusiasm & Engagement*

"Passion, Playfulness and Eloquence... Totally Captivating!" - Corbin Ball



Liz Fletcher Brown speaks from experience! Her background in professional dance taught her the elements of discipline necessary to be successful in the business world. As a thought leader in the field of personal transformation, Liz now works with organizations who want an engaged, productive and committed workforce of happy, enthusiastic and thriving team members.

Liz is the current President of the National Speakers Association, DC Chapter and was the Member of the Year 2013.

Her most recent book, *Full Wattage! A Practical Guide to Living an Engaging and Purposeful Life Worth Celebrating* won **the Readers' Favorite International Book Award Silver Medal 2013**, was a finalist in both the **USA Best Book Award**, and **Eric Hoffer Book Award**.

Originally from Scotland, Liz was awarded a First Class Honors B.A. in Dance in the U.K. She then went on to fulfill a successful career as a dancer in New York City. One of her more unusual assignments was being featured as the first full-sized dancing hologram at Madame Tussaud's Waxwork Museum in London next to Marie Antoinette and Elvis Presley!

Liz said, "The world of dance has taught me...

- *the importance of following your dreams*
- *the value of persistence*
- *personal discipline as the key to success*
- *not to take rejection personally*
- *the skill of working in a team*
- *how to deal with prima donnas (literally)*
- *and, most importantly, how to know when to take the stage as the star and when to be a supportive follower."*

Liz then went on to have a rewarding career in the health and wellness industry, first as a massage and yoga therapist, then as a certified counselor. She also co-owned a successful, multi-disciplinary healing arts center.

Through her speaking, consulting, coaching and writing, she brings audiences the information they need in order to live and lead with Full Wattage: Energized, Enthused and Engaged. Liz brings to all of her work an infectious enthusiasm and a unique combination of engaging stories, practical ideas, and dance as a dramatic teaching metaphor, to enhance peoples' working and personal lives.

Liz received her coaching credentials from Success Unlimited Network™, one of the oldest coach training organizations in the U.S., and is a graduate of the School of Small Business Coaching. In addition, she is a certified trainer with Consulting Resource Group International and an Associate of the International Positive Psychology Association.

When she was 21, Liz moved from Scotland to New York City, to a country where she knew no one, to follow her dream of being a professional dancer. This adventuring spirit continues to motivate her today.



*Get
Your
Dance
Shoes
On!*

Travels from Washington
DC Area

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